



Salmon Filet

Serves 2 - 4

ingredients

- 1 lb salmon filet
- 1 lemon, sliced
- 1 sm bunch sage
- 2 tsp olive oil

HERB RUB:

- 1 tbs garlic powder
- 1 tbs dried oregano
- 1/2 tsp salt
- 1 tsp pepper

directions

1. preheat oven to 425 degrees
2. cover salmon with light layer of oil
3. sprinkle herb rub over filet
4. place 10-15 sage leaves over rub
5. place lemon slices over sage
6. set filet on aluminum foil-covered cookie sheet (uncovered)
7. place on center rack of oven
8. cook 15 minutes, or until done (check progress after 10 min to keep filet from drying out)